

Year Group:	1	Subject:	PE
Term:	Autumn Week 1-6	Topic:	Net and Wall Games

What I already know...		 <p>'The ready position'</p>	What I know now...
<p>I know how to throw and catch a ball.</p> <p>I know how to balance a ball on a racket.</p>			<p>I can hit a ball with a bat.</p> <p>I can chase and stop a moving ball.</p> <p>I can throw and/or roll an object towards a target.</p>
New vocabulary			What I can do at home
ready position	a balanced position, ready to move quickly		Practise balancing a ball on a racket.
opponent	the person playing against you		Practise hitting a ball on a racket.
target	something you aim at		Practise hitting a ball with different kinds of bats.